



**safe steps** Family Violence Response Centre

## **Wish List for July - September 2017**

Thank you for choosing to support women and children escaping violence through safe steps. Your donation will make a wonderful difference. Unfortunately, due to OH&S regulations **items must be new and unused** – unless stated otherwise. For more information contact – [fundraising@safesteps.org.au](mailto:fundraising@safesteps.org.au) or call (03) 9928 9600

### **Priority Items for These Months:**

These are items we are in desperate need of – if you can assist with any of these items below that would be greatly appreciated.

- Warm Socks
- Underwear
- Black Leggings – all sizes for women & children
- Winter PJs – sizes 6-14
- Bras – All Sizes
- Hoodies
- Track Pants
- Universal phone chargers
- Preloaded Myki cards
- New Pots and Pans – heavy based
- New Winter Coats
- Mobile Phones
- Nappy Bags – New
- Shampoo & Conditioner – large bottles
- Toothpaste
- Body Wash
- Body Lotion
- Small Cereal Packs

### **Bags**

When a woman and her children come into our care they normally come with only the clothes on their back – so the **safe steps** staff put together a 'Welcome Pack' filled with items they might need. For this reason we are always in need of good quality colourful bags to pack and assist in transporting of items. (These can be purchased at Target, Kmart and Typo etc.)

- Canvas Bags
- Tote Bags
- Large Striped Bags
- Enviro Bags/green bags
- Empty hampers or baskets
- Good Quality Suitcases

### **Kitchen Items for our Safe House refuge**

- New pots and pans – heavy based, good quality
- New cooking knives
- New kitchen cutlery – 12 piece setting
- New cooking and baking equipment
- New crockery – plates, bowls, saucers

### **Families**

- Gift Cards/Vouchers, Wish Cards, Coles Myer Gift Cards. We use these to purchase fresh food, nappies, baby formula, etc. as well as bigger items as required (eg. We used some to buy a pram for a woman in our service who had a newborn). It is also very empowering for the women to be able to purchase something they need themselves and comes in handy when gifts are needed for the family over the festive season.
- Cinema Vouchers, Village Cinema and Hoyts Cinema
- iPads and Tablets (newer, in good working condition) with headphones
- Pre-paid phone sim cards. All phone types. (Important that these have internet access).
- International calling cards
- Universal Phone Chargers – Chargers for iPhones 5 & 6
- Ikea Vouchers to purchase kitchenware and other items to furbish refuge accommodation
- Mindfulness Colouring books
- Radio or Music Docks - (can be used, in good working condition)

### **Baby & Toddlers**

- Baby Wash
- Baby Creams
- Baby Wipes
- New baby dummies and baby bibs
- Nappies – Mixture of sizes – packet must be unopened.
- Nappy bags (brand new)
- Cot Sheets (brand new)
- Receiving Blankets (brand new)
- Baby Toys - blocks

### **Toys - Please note we cannot accept second hand toys.**

- Baby/toddler toy blocks – Duplo, Lego
- Items to be used in a toy kitchen, such as:
- Musical Instruments for Children
- Puzzles - for all ages
- Books – Picture Books, Young Teen Novels
- Playing cards
- Mini Board games
- Plastic dinosaurs Toys
- Cars and trucks
- Children's Tea Set

### **Women**

- Slippers – with rubber soles (mixed sizes)
- Winter Pyjamas – 6-14
- Priceline vouchers – to get personal toiletry products
- Hair dryers and hair straighteners– (can be used, in good working condition)
- Sportswear – sizes 6 to 14
- Cotton underwear – sizes 6 to 14

- Bras – Larger sizes
- Crop Tops – size 6 to 14
- Bonds Track-Suit Sets – size 6-14
- Jumpers – sizes 6 to 8, assorted colours and types
- Tracksuit pants – sizes 6 to 14
- Shoes – Basic flats and sneakers in women's sizes 6-9
- Thongs - all sizes
- DVDs/Boxsets to be watched by the women in our emergency accommodation
- Deodorant – roll on only.

#### **Children [boys and girls, ages 5 to 12]**

- Slippers – with rubber soles (mixed sizes)
- Winter pyjamas, variety of sizes
- Socks, variety of sizes
- Girls underwear, ages 12 – 16
- Tracksuit pants, variety of sizes
- Back Packs

#### **Non-Perishable Food items - (check use by dates – as long as possible on items)**

- Coles/Woolworths gift cards for fresh produce
- Non-perishable food items – to create a meal
- Halal labelled non-perishable products
- Kosher labelled non-perishable products
- Gluten free products

#### **Breakfast Packs**

- Coffee, hot chocolate etc
- Cereal Boxes
- Long Life Milk
- Juice

- Fruit tubs
- Small packets of Jams & honey

### **Snack Packs**

- Muesli Bars
- Healthy snacks
- Instant noodles in a cup
- Biscuits – sweet and savoury
- Confectionary but not chocolate please

### **Dinner Packs**

- Pasta and sauces including vegetarian
- Rice and sauces including vegetarian
- Couscous, quinoa etc
- Packet parmesan cheese
- Packaged cheese
- Dried Herbs, other condiments
- Pancake mix
- Tinned fish – in brine and in oil
- Tinned soups
- Tinned vegetables – including potatoes, tomatoes, beans, spaghetti
- Sauces – tomato, bbq, other
- Salad dressings
- Spray oil
- Long life (check dates) taco, burrito warps, salsa, taco mixes, etc
- Ready to go meals – pasta, rice, etc
- Rice – Jasmine, Basmati