

Safe House Wish List

Each year, our Safe House accommodates hundreds of women and children who are at immediate risk. The Safe House is staffed by safe steps support workers who specialise in assisting women and children with complex or particular needs. Our support workers work closely with the woman and her children to ensure they are adequately supported and help them make plans for a safe and secure future.

IMPORTANT: Due to health and safety regulations, we ONLY accept new and unused items



Essential Items

- Lip balm
- Face wipes
- Facial moisturiser
- Sunscreen

Due to the length of stay for women and children in our Safe House, we do not accept sample sachets, travel size, or jumbo and family size products.

Suitcases

We are in need of brand new, good quality, **medium sized** suitcases with wheels.

Gift Cards & Vouchers

Visa Gift Cards, Wish Cards, Coles Myer Gift Cards in denominations of \$20 and \$50.

It is very empowering for women to be able to choose and purchase something they need for themselves. We also use gift cards to purchase special items as required.

Baby and Toddler Items

- Baby Wash
- Baby Creams
- Baby Wipes
- Nappies – Mixture of sizes.
- Nappy bags
- Receiving Blankets

Women Clothing

When selecting clothing, please keep in mind that women who stay at our Safe House come from culturally diverse backgrounds.

- PJ's – size 6 to 16
- Basic flats and sneakers - sizes 6-9
- Summer clothing - sizes 8 – 18, ¾ leggings or
- Pants and plain t-shirts.
- Long dresses

Cultural Items

- Prayer Mats
- Hijabs

Children Clothing

- Back Packs
- Summer Hats
- Summer shoes (all sizes).
- Shorts and t-shirts (size 4-12)

Entertainment

- Cinema Vouchers
- IPads and Tablets with headphones
- Pre-paid phone sim cards with internet access.
- International calling cards

Non Perishable Food

Please be aware that we encourage healthy and nutritious eating at our Safe House, as such we do not accept any food that is high in sugar e.g. chocolate

- Pasta & Rice with sauces including vegetarian
- Couscous, quinoa, rice (jasmine and basmati)
- Packaged cheese
- Dried Herbs, other condiments
- Pancake mix
- Tinned fish – in brine and in oil
- Tinned soups
- Tinned vegetables
- Sauces – tomato, bbq, other
- Salad dressings
- Spray oil
- Long life burrito wraps, salsa, taco mixes, etc
- Ready to go meals – pasta, rice, etc
- Coffee, hot chocolate
- Cereal Boxes (low sugar)
- Long Life Milk
- Juice (low sugar)
- Fruit tubs (low sugar)
- Small packets of jam & honey

IMPORTANT: Please check use by dates – we need items to last long as possible and we DO NOT accept expired food.

Speciality Dietary and Cultural Food

- Halal labelled non-perishable products
- Kosher labelled non-perishable products
- Gluten free products



We Cannot Accept:

Due to health and safety regulations, limited storage and distribution of resources we are unable to accept:

- Aerosols - deodorants, hairspray, dry shampoo etc.
- Bed Linen
- Books
- Car seats
- Cribs
- Electrical items - laptops, computers, TVs etc.
- Furniture - bed frames, chairs, tables, couches, cabinets etc.
- Kitchenware - appliances, pots, pans, cutlery and utensils etc.
- Loose nappies, tampons and pads.
- Mattresses
- Pillows
- Prams
- Quilts
- Razors
- Sample sachets
- Second hand clothing
- Travel size products

If you are unsure about an item or want to know how to deliver the donation, please contact our office on (03) 9928 9600 or fundraising@safesteps.org.au